

# BODHI TREE

A Collaboration of Metaphysical, New Thought, Open Minded Spiritual  
Groups and Lightworkers. Spring-Summer 2018



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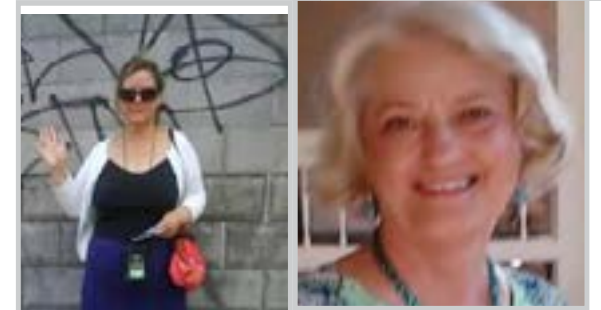
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IF YOU LIVE IN THE GREATER PITTSBURGH  
AREA AND WOULD LIKE TO JOIN US  
,PLEASE EMAIL [SUZENROSE@VERIZON.NET](mailto:SUZENROSE@VERIZON.NET)  
FOR MORE INFO!



Read ONLINE at [www.heartofpittsburgh.com/bodhitree](http://www.heartofpittsburgh.com/bodhitree)

## Are you a seeker?

Here are local places to go, things to do,  
people to meet!

Where is a calendar of cool events?

<http://tinyurl.com/peaceburgh>

The Desktop/ Laptop version [is here](#),

[www.HeartofPittsburgh.com](http://www.HeartofPittsburgh.com)

sponsors the event calendar

link list, Meetup Group

<https://www.meetup.com/The-Pittsburgh-Metaphysics-Meetup-Group/>

and the Bodhi Tree Magazine.

The annual local directory of groups

can be found at

<http://www.heartofpittsburgh.com/bodhitree/directory.pdf>



The Bodhi Tree Magazine is a Collaborative  
of spiritual light workers and groups in the  
Greater Pittsburgh area.

<https://www.unityofpittsburgh.org/>



[www.sitenite.org](http://www.sitenite.org)



[1stspiritualistchurch.org](http://1stspiritualistchurch.org)



<http://www.cslgreaterpittsburgh.org/>

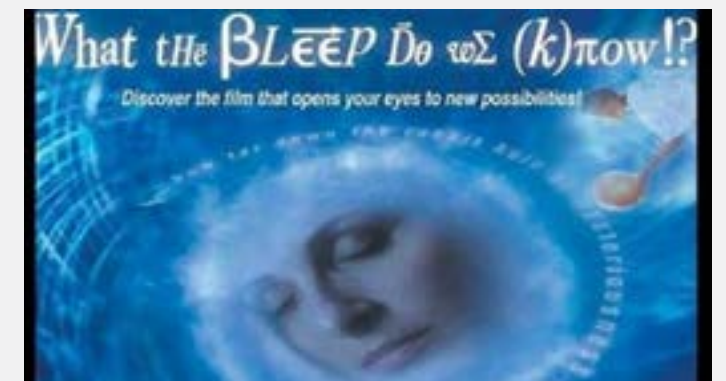


Bleep & Institute of Knowetic Science

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[facebook.com/groups/271404142931864/](https://facebook.com/groups/271404142931864/)





# Urban Shamanism: Healing the Pathway to Interconnection

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Our world becomes more disconnected every day.

While things like social media seem to foster connection, the truth is, they only provide a sense of instant self-gratification and a platform through which to hide our authentic selves. It creates a digital separation between us and others – the world of contact, the world of nurturing, the world of spirit.

The role of the jungle shaman is that of a counselor, priest, communicator – he or she is the person who attends to tribal issues, officiates, and heals through the bridges built to the spirit world. The urban shaman has quite a different task. The urban shaman must learn how to dissolve illusion and bridge the feelings of separation between each other. It is only through bridging that separation that we then learn how to foster a connection with the world of spirit. The first step, however, is not an easy one.

Imagine that you have built a privacy fence between you and your neighbor. When your hair is just perfect, you can lower that privacy fence and let your neighbor see your beautifully styled hair. On days when you're feeling down or when sweat-pants are the only option because it's laundry day, you leave that fence up so others cannot see you. When we remove that sense of vulnerability, we remove the ability of others to accept us as we are and we diminish our ability to accept ourselves as we are. We create intentional separation between ourselves and our environment, and, in a way,

we train others to accept us only on our "good" days.

The reality is, on the other side of that fence, your neighbor has his or her own good hair days, laundry days, lazy days, and the only thing that separates you is the illusion that they don't. Being vulnerable is easier said than done. We open ourselves to joy and sadness, acceptance and rejection, but it puts us squarely in the great web of life where we can experience all the emotions that come with being alive and truly connect with ourselves. It is through that connection that we learn we are not so different from our neighbor – over there behind that fence – and that we share the same sense of joy, the same sense of sadness, the same sense of acceptance and rejection that they, too, experience. Once we acknowledge that connection, we can begin to acknowledge that the natural world around us experiences life in a similar way – flowers joyfully open their petals to touch the sunlight, animals experience the sadness of being alone when their caretakers go to work, and the earth and all its inhabitants both unite and recoil during disasters.

Being vulnerably alive is our touchstone to the world of connectedness in urban life. Once we accept that vulnerability, we dismantle the illusions of separation and bridge a connection to ourselves, our neighbors, and the world of spirit that lies just beyond our fingertips.



## URANUS INTO TAURUS

By Rick Di Clemente [www.starself.com](http://www.starself.com)

On May 15th of 2018, transiting Uranus left its seven-year stay in Aries and enter Taurus. It will be there until 2025. You will be hearing a lot about this all around because Uranus is very powerful, revolutionary and doesn't change signs all that often.

While Uranus was in the fiery sign of Aries for the last seven years, you can see easily how it started its rebellious streak exactly when the Arab spring began. These two energies, Uranus and Aries, are quite compatible as we saw the assertion of individual rights, right or wrong. As Uranus entered its last phase in Aries (2018) we've seen the same sentiment infiltrate America. These symbolic energies gave us the #METOO movement as well as the students of Stoneman Douglas standing up for their rights.

It is very difficult to speak about what Uranus will do in the staid sign of Taurus. They are not good bedfellows. Uranus, the planet of radical, sudden change will be traveling through the zodiac's most stable sign of Taurus. Taurus is the sign that hates change. So, what will happen? While Taurus rules such things as money, financial systems, collectibles and resources in general, I'll leave that to the other astrologers to predict.

I am concerned about what I think the main issue is with Taurus, i.e., self-worth.

Certainly, Uranus will stir up new kinds of money systems, community gardens, etc. But, what I have clearly noticed about the sign of Taurus is that it is about value, but more specifically, about self-value. Your sense of self-worth.

During the past seven years, Uranus has been

stirring up the collective for more self! Yes, I want to be counted too! But now, we will see it at work at its most essential level... within the self. Because of the exciting, liberating work that Uranus has allowed us, we are now free, but it's new to us. As this electrifying planet shocks its way through the sign of the Bull, we will now see a shift.

Taurus is about, "How do I feel about myself?" It's opposing sign of Scorpio is about, "When I'm with you, what do I do or allow to my self-esteem." Therefore, we can look forward to one of astrology's biggest nemeses: low self-worth. This complex is much more widespread than you might think. With Uranus' up-beat, lively energy, people are no longer going to be willing to say "Mea Culpa", or, "My fault." It will start to feel wrong. Movements of all types will emerge suddenly to do the opposite. Suddenly, many will have their fists clenched in the air as Tommie Smith and John Carlos did in the 1968 Olympics. The more that this tendency of self-repression has been compressed, the more explosive will be its counterpart of self-assertion. Don't be concerned, ultimately this energy will be very good for most.

You cannot suppress this emerging, explosive energy. The self wants out.

It is natural for it to want that. There have been too many centuries thinking we are of a lower class than another.

It is time for the myth of all Royalty to fade, too. Back into the meaningless state that it always was. We are truly equals. We are all of Divine origin.

# Sowing the Seeds of Love

By Reverend Patty Perhacs - Unity Pittsburgh  
Wedding Officiant

Spring has sprung and as we enjoy the warm sun and green growth all around us, let us pause to take it in all that we survey in the message of nature and that of the creation in our own lives. As I was planting spring annuals today, I noticed there were only a couple of weeds in the flower beds. As I picked them, I affirmed the release of what may be in need of pruning in my own life and also considered what energy (of thought) I was putting into the soil. I was grateful for this time of quiet gardening and for the awareness and intention that can make an incredibly fertile soil. As I planted each flower, I visualized and affirmed their growth and gave thanks for my home and life.

To see things in the seed, that is genius. - Lao Tzu

The law of prosperity, which works with the law of attraction, is taught in Corinthians, in reference to the creative principle of GOD, the creative force). The reference that came to mind was as we sow, we likewise shall reap. The verse continues in essence, that we don't sow good seed until we destroy the bad. Figuratively, remove errant thoughts and beliefs, and replace them with thoughts of the "right mind". Every negative thought is a weed worth removing and replacing with positive thought.

Let the earth bring forth grass yielding seed. Genesis 1:11

What a simple practice to incorporate into our lives and into our world. Why not plant the active conscious thought of love throughout our life? Why not add love and gratitude, in every seed, flower and shrub we plant in the Divine green earth this year? Let's add a heaping cup of love into every recipe, every meal, and every cup of coffee we prepare. Let's be sure to add a love in to each plan for our day. This cognitive intention and thought practice will create fertile growth of an active, energetic consciousness of love. Our hearts and our lives will be abundant in love. I AM LOVE and LOVE IS MY TRUE NATURE. Namaste my friend.



## editors note:

Join Unity Pittsburgh, now located at:  
343 Kincaid St., Pittsburgh, PA 15224  
<https://www.unityofpittsburgh.org/>



# CREATING AN OUTDOOR OASIS OF BEAUTY AND BALANCE

By Yvonne Phillips, FSII Feng Shui Consultant & Coach

<http://www.fengshui-world.com/>

As spring invites us to get outdoors again and spruce up our yards, why not consider going beyond the usual habits of gardening, and instead work with your landscape in alignment with the wisdom of Feng Shui?

With the summer months our yards can become an extension of our living space, the garden allows us to feel connected to nature. Since the effective application of Feng Shui techniques do wonders for shifting the energy of interior spaces, it makes sense that the same principles apply to your yard and garden.

Landscaping that is energized with the flow of chi will bring life to your home, and attract an abundance of birds, butterflies and a feeling of wellbeing. By incorporating representations of the elements, you can make your garden a retreat oasis.

•Steer clear of items with sharp and pointed angles; rather choose smooth rounded corners to all objects, decorative pieces, flower pots and furniture.

The Elements:

•Earth - keep the soil fertile and the flowers, trees and grass well maintained, as this enhances the earth element. Place round stones as a border around spaces, or as appealing and calming decoration



to enhance the grounding balance of the earth element.

•Wood – choose wooden planting boxes or adorn your landscaping with decorative wooden pieces such as a carving, bench or bamboo pieces. As a lucky Feng Shui cure, bamboo is used to attract health, abundance and happiness.

•Metal - place something metal in your landscaping to encourage the properties of that crucial element, such as wind chimes or planters.

•Water - include still or slow flowing water such as a fountain, bird bath, pond or pooled water from a stream. It's not encouraged to have a fast-moving stream or river through your property, as this carries the positive energy away from your home. Instead, have pooled or slower flowing water

which can collect beneficial chi to stay in your yard.

•Fire - for the finishing touches of balancing the elements, fire can be represented in various ways such as candles, or a lantern, or a fire pit.

Just a few extra touches and working with the surrounding landscape brings restorative benefits and balance to the energy flow around and through your home.

[www.fengshui-world.com](http://www.fengshui-world.com)

# Spiritual Stuff To Do When You Want to Be More Spiritual

By Rev ( Chi chi ) Rivera Kain

[www.PittsburghMedium.com](http://www.PittsburghMedium.com)

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We are Spiritual beings having a human experience. We are human beings, not humans doing. So, in this edition of the "Spiritual Stuff to do when..." I thought I would address some stuff to "be" when one wants to "be" more Spiritual. Here are seven tips to help align to your higher Spiritual self.

## 1. Be Honest

A spiritual being has no reason to be deceitful. A person who wants to be in alignment to spiritual truth and enlightenment holds space for growth, truth and kindness. Be truthful, and yet refrain from being "brutally" honest. (Side note\* brutally honest people can be dedicated to the truth or the brutality...one must decide)

## 2. Be Impeccable with your Integrity

Spiritual people say what they mean and mean what they say. Don't make promises you can't keep. Your word is your bond. Learn how to say no when you need to.

## 3. Be a kinder communicator

Ways to lower your vibration real quick:

1. Raising one's voice, yelling
2. Using snarky tones
3. Insulting and casting blame



## 4. Gossiping

5. Bullying  
Spiritual beings try not to dump their frustrations on other people. They speak in a calm tone, using phrases like "When you do this, I feel like this" instead of "You make me feel x and y." Notice I do not include using swear words on this list, because words don't hurt; how you use them can hurt, but not the actual words.

## 3. Be Respectful

A spiritual being sees the perfection of every moment and does not need anything to change; they feel perfectly content "as is". They allow others to go their own way and follow their own path. They treat other people's stuff and space and time with the respect they'd want in return.

## 6. Be clear minded

Intoxicants are a get-happy-quick scheme. A glass of wine or a beer is absolutely fine, but getting "sloshed" often leads to poor decision making across the board. Be strong enough to say "I have had enough."

## 7. Be of service

Do you make the world a better place? Spiritual beings develop greatly from helping and serving other people without expectation. Through serving in this way, one develops unconditional love. PS. To best help others, one must take best care of oneself first. Don't mistake getting adequate sleep, exercise, healthy food and doing what one knows is good for oneself to be selfish. If you can't take care of yourself, how can you take care of others?

# WHY DO WE NEED VIBRATIONAL RETUNING?

By: Irina Grundler

<http://www.pathtoawakening.net/about-irina.html>

Imagine you could play a beautiful melody on a violin. Every time you are about to play, you will tune your instrument, right? If you don't do so, very soon it will get out of tune, and the melody will no longer sound as beautiful. If you don't tune your violin over a long period, at some point nobody will even recognize your melody. Does it make sense?

Like music tones at Soul level, we are "made of" energy vibrations. Guess what happens when we make choices in everyday life that do not align with the frequencies of the Soul vibrations? Our vibrations become "out of tune". If we continue making such choices for many lifetimes, most likely we will totally forget the beauty of the original melody of our Souls.

This is what happened to many people who are incarnated on our planet now. While their Souls remain beautiful and perfect, their current vibration level in a human body is so far away from the original that they really don't remember what their essence is. Very often, we identify ourselves with not-so-attractive out-of-tune "melodies", and this is exactly how others hear and see us. No wonder our lives are full of stresses and disappointments!

And yet, your original vibrational frequencies are within your reach! All you need to do in order for your life to become fulfilling and abundant is to tune back to them. In some cases, you can do it yourself, although sometimes additional help is required.

Vibrational retuning is a spiritual work designed to remind us about who we are at Soul level and to enable us to bring the original vibrational frequencies back to our lives.



If this resonates with you, feel free to contact me to learn more! [irina@pathtoawakening.net](mailto:irina@pathtoawakening.net)

# A CRONE'S VERSION OF LETTING GO, WHILE WALKING IN NEW SHOES

BY SUZANNE BISHOP, MS

*"Death is beautiful when seen to be a law, and not an accident - It is as common as life." ~Henry David Thoreau*



Growing older is a beautiful thing to me. It is also a process few look forward to. Until now.

In the process of growing older, I have lost my energy in certain ways, lost my figure in other ways, and lost my sense that life's horizon will just keep expanding before me with no end in sight. At the age of 61, I now see the end. Do not go to the popular apps or websites that will predict your death based on your age, health issues, and family lineage. Oh my God, do not go there. When one tilts more toward the end of our life scale, we begin to see and understand much more clearly how very important NOW is, in the sense that there are not that many of NOWs left to enjoy. So, life can take on greater meaning than ever before. Our mission and/or bucket list sits squarely in front of us and we must act, because we have no other choice.

My letting go, as I age, is surreal and sublime to me. I am very stubborn, letting go at any other time in my life would be difficult. I now thank God and Source for giving me this life, to grow, make mistakes, to have victories—but like a Tibetan sand art sacred circle my life was never meant to be a product, it was intended to be a process. A very sacred process. I have always been a work in process, and will remain so until I transcend this realm. There is much we older folks can teach about letting go to younger folk. It is our wisdom and eminent death that propels us to forgive, to let go. I am now free.

Although my soul's suit, my body, is old – my faith is new - my expectations for others is now more fluid - and most important my laughter is real. Easing closer to death makes me fearless, but with the wisdom that what I conquer can be returned as glass-like bubbles in the wind. I am forever in transition, Roma\* have it right all along - I am a temporary sojourner doing the best I know how with my life. My best is letting go so I may be delivered to my Sacred Self as death approaches.

I will be naked and free and be with my Eternal Eternity silently diffused into space.

**Suzanne Bishop is a local Psychic Medium and Reiki Master Teacher.**

Find her at [Intuitz.com](http://Intuitz.com) and The Pittsburgh Metaphysics Meet Up Group.

Photo credit : Beth.Kukucka Photography. ([www.BethKPhoto.com](http://www.BethKPhoto.com))

*\*Roma is the historically correct name for gypsies.*



# LOVE FREQUENCY

BY PAULETTE GLOVER, M. ED.

[www.PauletteGlover.com](http://www.PauletteGlover.com)

Have you ever wondered if Love could be a living thing---something that evolves along with the Earth? Think about it---is it really such a far reach to think that Love and Earth share the same love-connection?

After all, the essence of Earth provides us with nourishment, protection and love--- dandelions are gathered by children to present to moms showing their adoration, a lover offers a single rose as a symbol of promises to come, and a young girl counts the petals of a daisy:.. *He loves me, loves me not...*

Poems often use descriptions of Earth to declare depths of love, such as... *I love you more than the deepest ocean....more than all of the grains of sand.... more than the highest mountain.* Musician, John Lennon said *Love is a flower-- you've got to let it grow.*

Scientists have confirmed that the word 'LOVE' has the highest vibration of any other word at 528 HZ. The love-vibration of Earth is not the *Oh Yeah, Baby, Let Me Light Your Fire!* kind of love, but rather a One-Consciousness Love, like a well-rehearsed symphony blends the sounds of many instruments into one harmonious melody. It's a tune where you close your eyes to hear the voice of nature---the patter of rain, the morning song of the birds and the nighttime music of peep frogs and crickets.

What about the Earth-love that is ever evolving in the animal kingdom? A quick search of the Internet can find a hippo rescue an antelope stuck in mud; a monkey save a mouse from a snake; or an elephant befriending a dog as a companion.

Compassion, Respect, Trust---it's all displayed in the nature of Earth's daily dance in the evolution of Love.

Researcher John Hutchinson, an electromagnetic expert from Vancouver, Canada, and his partner Nancy Hutchinson, were able to purify toxic waters off of the Gulf of Mexico following the BP disaster in 2010, simply by using the 'Love' frequency of Earth after only 4 hours the first day.

More Love frequency discoveries include, in 1974, Dr. Joseph Puleo considered 'Love' as the 'Miracle' tone which offers 'DNA repair' after he rediscovered the ancient Solfeggio tones.

Earth...Tones...Vibrations...OM...Love...

Everything from clothing to furniture, automation to pharmaceuticals---absolutely everything had a beginning from the frequency of Earth-love. Imagine the millions of years it took the Earth to evolve into the 118 elements of the periodic table, filled with the vibrational tone of LOVE! How about the energy of precious crystals holding onto secret codes yet to be discovered? Could it be that all of creation over eons of time has evolved into one massive ball of LOVE?

Imagine a country where only Love abides. Now imagine an entire Earth planet of people sharing the belief of One-Consciousness with Love of nature, one in sync with the vibration of the Love of the Earth.

*What is Love?*

Love is the frequency of Earth...

Love is the Universe.

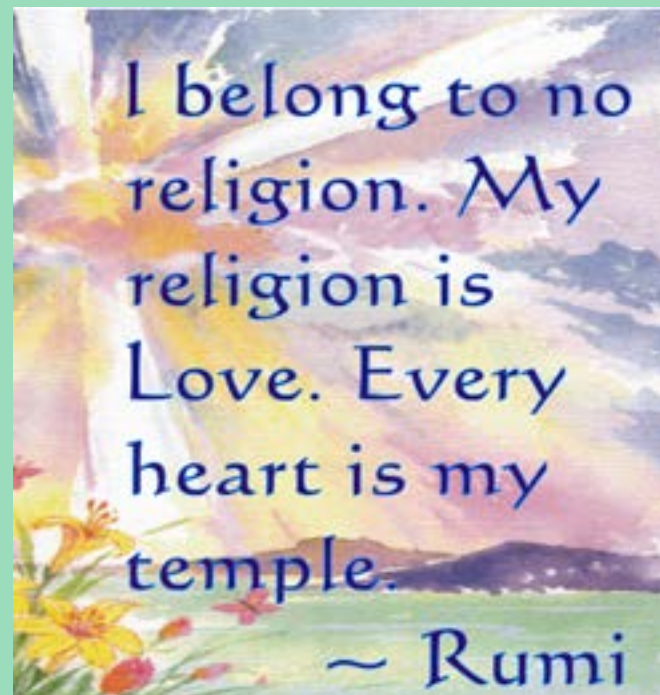
# WE ARE ALL DIVINE BEINGS, HAVING A HUMAN EXPERIENCE

BY CAROL A. BRINEY

After delivering a keynote speech on Spirituality one day a lady came up to me and said: "it is such a shame that more and more people are choosing not to believe in God." I found that to be an interesting comment since it is not the trend I notice and I asked her to tell me what she meant. The conversation took an interesting turn as I asked her more questions. What I found out was that she was a devout believer in an organized religion that is full of dogma and rules that man made up to control his fellow man. As I kept probing she explained that her religion was the only "true" path to heaven and when people turned away from it they were certainly going to hell.

I understood her fears because I too was raised to believe the "herd" thinking that many believe because they never took the time to critically think through what they were asked to accept as truth. The difference with me was that at a very young age I realized that the dogma, the judgment, and the fear did not mesh in my young head with a God who loves me and is made of pure love.

I could not understand how a God that is all love would sit up in heaven just waiting for me to screw-up so that he could punish me. I also could not understand why if I asked my mom or dad for something over and over that was called nagging and I was punished for it. However, I was supposed to memorize prayers and say them over and over begging this loving God to hear me and if I did all the right things, and, he was in a good mood, out would pop my prize.



I have spent over 40-years on a Spiritual journey to find my place in this glorious universe and decide what was right for me. One of my most important discoveries is that there is not one right way for everyone. After speaking with this lady, I went to my hotel room and spent some time thanking the Source (God) of my understanding for all the love and joy in my life.

I am so appreciative that Source loves me no matter what I do because that is all that a Source that is made up of love and only love can do.

I am also thankful to know that I am a Divine being having a human experience and I am directly connected to the Source that creates universes. I love knowing that most people still want to believe in a higher power. The difference is they want a Source that they can relate to and one that feels right in their Soul.

*Carol A Briney is an Inspirational Speaker, Spiritual Business Consultant, and Metaphysical Teacher. Check out her #1-rated podcast Embracing Your Unlimited Possibilities [www.CarolABriney.com](http://www.CarolABriney.com)*

# Allow the Full Expression of You

By Christy Semple, RScP

[Center for Spiritual Living Greater Pittsburgh](#)

For Mother's Day,

I received a charming little rosebush tucked into a tiny pot. The directions on the care tag that came with it clearly stated that in order to encourage healthy growth and full enjoyment of the rosebush, it needed to be planted outside in the ground or in a larger container.

Anyone who has ever seen a pot-bound plant will realize the wisdom of these instructions. A plant in this constricted situation will exhibit stunted growth, with small leaves, fewer blooms, and smaller flowers. In other words, the pot-bound plant doesn't reach its full potential of size, vitality, and beauty.

This pot-bound plant is the perfect metaphor for the hindrance of our own full development and self-expression when we limit or resist the flow of Divine Energy through us that is ready to express as our interests, talents, and other unique qualities. We're like a pot-bound plant that isn't expressing the fullness and beauty that are our inherent nature to be. We're not developing and living to our full potential.

New Thought teachers have long taught that each person is a unique expression of Infinite Potential ready and wanting to express and they have encouraged us to honor and allow the full flow of this expression. Thomas Troward reminds us of the "boundless potential of Creativeness" that we are and encourages us to "open up in ourselves a channel by which Spirit can flow in uninterruptedly," rather than resisting and hindering this nature flow of full livingness. Likewise, Ernest Holmes reminds



us that, "Your mind is an outlet through

which the Creative Intelligence of the universe seeks fulfillment... This urge (to express) is in every individual. It is in everything. The rose exists to express beauty. Root and branch conspire with nature to give birth to blossom."

With the wisdom of these teachers in mind and the idea of the pot-bound plant as a timely example of limiting the full expression of life, we can be inspired as we move into summer to mindfully open up and allow the full expression of the unique and special person that we are. Listen to those urges within to express an idea or pursue an interest or a deep calling at the root of your being.

Move past any limiting ideas that deny or resist your inherent goodness and magnificence. Affirm that, "it is good to be me" and allow the full, amazing, and multi-faceted "blooming" and expression of you!

*Christy Semple, RScP is the Spiritual Director at the [Center for Spiritual Living Greater Pittsburgh in Carnegie, PA](#) where it is their Vision to inspire spiritual growth and encourage the realization of everyone's full potential.*

# ARE YOU PREPARED TO EMBRACE THE DAY AFTER DISCLOSURE?



By [Larry Coudriet](#), Local CE5 training and group leader:

My week-long CE-5 (Human initiated ET contact) and conscious awareness training with [Steven Greer](#) on the Spring of 2014 was the beginning of a major transition in my life. (<http://siriusdisclosure.com/>)

To actually make ET contact was truly soul-transporting, but Greer's added discussions on hidden technologies and government/Cabal efforts to keep us ignorant on various subjects was simply startling.

Actual ET contact brought me to the question: "What else are they concealing and lying about?" With further study I realized that we are being deceived on many important topics: free energy; available medical technologies that would actually heal; and numerous false-flag operations to keep us in fear (so they can offer a solution and thereby control us).

Generally, I know there exists a well-hidden movement (The Cabal) that attempts to control us. One of their primary tools is to control the narrative on world events by controlling the narrative as presented by Main Stream Media (MSM). A terrific pertinent article appeared on [www.zerohedge.com](http://www.zerohedge.com): *Is Wikipedia An Establishment Psyop?*

"As we discussed last time the only real power in this world is the ability to control the dominant narrative about what's going on... The only reason this (rectification) hasn't happened in our deeply dysfunctional society yet is because the plutocrats who rule us have been successful in controlling the narrative."

"Whoever controls the narrative controls the world. . My thoughts: Don't be a Sheeple; apply independent critical thinking to all information sources. I look forward to the day after true full disclosure. The utilization of the knowledge revealed can create a new civilization and end disparity.

*Editor Note: if you would like to join a CE5 local group, contact [lcoudriet@verizon.net](mailto:lcoudriet@verizon.net) Examples of C5 mediations can also be found on YouTube. [https://www.youtube.com/results?search\\_query=ce5+meditation+consciousness](https://www.youtube.com/results?search_query=ce5+meditation+consciousness)*

By Susan Rose, MSN, webmaster for [HeartofPittsburgh.com](http://HeartofPittsburgh.com) and CE5 attendee.

You are [not crazy](#) if you believe in ufos. A 2015 [survey](#) revealed 54% of Americans answered "yes" to the question: "Do you believe there is extra terrestrial intelligent life?" People in Britan and Germany were slightly higher as well in their belief.

Latest mainstream news on plans to [visit Mars](#) and Trumps "[Space Force](#)" addition to our armed services are tidbits leading to future disclosure. But what narrative will be served to us? The whole truth? - or whitewashed information, or worse, fear based information sure the please the military industrial complex.

There is real fight for the hearts and minds of Americans. It may be to keep us in fear, rather than a giant discovery jubilee. Let's become cosmic citizens, joining a galaxy-wide peaceful and loving configuration. That is what I'd like to visualize.

Pure unconditional love to ET's who may not look like us, is the final racism to be overcome.

The day after disclosure will come a great need for courage and forgiveness. So many, for so long have hidden the truth. Some thinking it was for our own good. We need to extend love to humans, even in their errors, as well as ET's that may not be of our makeup. All creation is one and loved in Gods' eyes. In truth, there is only one of us here.

How do I prepare for disclosure? By learning more-information as well as disinformation. I will not put my head in the sand, but use my heart intelligence to make right choices. Not knowing where another person is with this, I share sparingly, planting seeds for further curiosity and research.

After disclosure, I will chop wood, carry water. How do I embrace disclosure? What would Jesus do? Gather in groups, connect to source wisdom, dispel fear and hold the vision. The new truth will set us free.



# Late Bloomer

By Sara Sachs

As we go from a mostly chilly spring into the summer solstice, I can't help but notice that the foliage and flowers of late April looked more like late March. The late-blooming this year reminds me of how I've been described by many over the years. That awkward adolescent stage that lasted too long for me! Everything came to me late. I even graduated from college late because of taking some time off between Kent State and Syracuse.

When I discovered my abilities as a Medium, one of my friends in Lily Dale called me a late bloomer. By this time, it didn't bother me, because I knew I always had it, yet I knew the timing of my new spiritual journey was right. I also believe that I avoided knowledge of my abilities with substance abuse for many years. After reading about the 19th-century mediums, the Fox Sisters, and their alcoholism, I knew that my new spiritual journey needed my 14+ years of sobriety! For that, I'm extremely grateful.

Just as foliage and flowers come up quickly with a spurt of warm rainy weather, my mediumship blossomed rapidly! A good reason that I'm glad to have jumped in a little later than others is that I have fewer years of bad habits and misguided teaching to unlearn. For example, it didn't take me long to banish the clichéd cookie baking spirit granny in the apron to dig deeper to see what made these older ladies in the spirit world tick! Thanks to the tutors at AFC\* in the UK, I replaced mediocre playing it safe in my work with improved evidence.

This brings me to an important point. Had I started doing this younger with the demons I was avoiding, I may have burned out.



Thanks to recovery and therapy, I had some good tools to fearlessly embrace my spiritual practice. I have a number of issues, with which I struggle, but I also have the tools to work on them. In mediumship training in the US, I'm afraid that personal development isn't addressed the way it is in Britain and Europe. Many of these tutors are coming here to teach, so that's starting to change.

When I see spring blooming late, I appreciate it more. It seems more beautiful. That's the way I see my journey of Mediumship. I feel that at this stage of my life and development, my skills grow with my maturity.

I connect with spirit through my heart chakra, something that may not have been possible earlier when it was all over the place! As I've been following the late progress of spring vegetation, I know that it bursts forth in its beauty when ready. That's how my mediumship has worked, and I wouldn't have it any other way!

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~ Love to all, Susan Rose Bodhi Tree Magazine ~