

BODHI TREE

A Collaboration of Metaphysical, New Thought, Open Minded
Spiritual Groups and Lightworkers.

Annual Group Directory 2018



THIS ISSUE IS DIFFERENT

This is a directory of spiritual, new thought, and metaphysical groups in Pittsburgh.

First released in February, 2018, this issue is not "done" but an ongoing creation with future updates.

The following issues will return to the format of offering the local lightworkers's inspirational articles.

Great content is available, archived online at www.heartofpittsburgh.com/BodhiTree

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SPIRITUAL STUFF TO DO WHEN...

You Want to Find Your Tribe

by Chi Chi Rivera



Connect with me <http://www.PittsburghMedium.com> or on [Facebook](#)

Most people want to fit in, or be accepted. This desire had been proven to be one of our five basic needs. We want to be part of a group and to feel loved and accepted by others. That is, we want to be a member of a tribe. A tribe, pack, clan, chosen family, or soul group – is a group of people who share common interests and values and show genuine appreciation and care for each other.

Tribe members are those people who accept you just how you are, and who want the best for you. They help you feel understood, and they often encourage you. Also, the members of your tribe help you to get through difficult times, and they provide you with a sense of community and support. Who doesn't want all of these benefits? Much better than Sam's Club I'd say!

If you feel tribe-less, no worries, your tribe is out there. And if you already found your tribe, there may be tribe-mates that

you have not met yet. Here are some tips on how to find or better expand your ties to your tribe:

1) Fast track to tribe:

Understand your needs (the only thing worse than having no tribe is being surrounded by the wrong one).

If we tend not to go shopping without a list, we will forget what we wanted. So figure out what you need. Try to determine your most highly desired vibe about a person or group. If you are drawn to really kind people because you are sensitive, picking a mean girl for a potential tribe-mate will burn you in the end.

2) Show your tribe who you really are.

It's more important to be honest than to be popular. Show the mayhem and the magic. Being your authentic self will attract other authentic people or groups. Birds of a feather....

3) Tribal quest

You can find your tribe! Look at what is around you.; Facebook, people who post like you in Pinterest or actually go to that pottery class you have been talking about, or that Meditators meeting, or that Meetup group for organic moonlight herb-growing. Make the time to make new friends, and once you find them, talk to them. Actually talk to them. Ask questions and listen to the answers. Share your losses as well as your wins. Be real and be open –, you'd be surprised how quickly this will help you make friends.

Your people are out there. It's time to find them. Step out of your comfort zone –, life actually begins there.

Seeking a Progressive Spiritual Practice?

Consider Unity, a Path for

by Patty Perhacs

As a child, I was raised Catholic and am grateful for the indoctrination of a belief in God. But even as a youngster, I questioned: a furnace-like place called Hell, a punishing God that stood in harsh judgement but at the same time loved me. These teachings did not resonate, but I believed in a higher power and was drawn to spiritual and esoteric study. I have found Unity to be a wonderful path of study for the new or experienced seeker of spiritual realization.

Over one hundred years old, Unity is a new thought religion, (like Science of Mind) which began as an affirmative healing prayer ministry founded by Charles and Myrtle Fillmore, after Myrtle's realization that I am a child of God, and therefore I do not inherit sickness, and her personal healing of tuberculosis. Both studied with E.B. Weeks, Mary Baker Eddy and others.

Today, Unity is an empowering, metaphysical, Christian-based philosophy that honors the teachings of Master Jesus the Christ as a way shower, rather than an exception. Unity is progressive, welcoming and inclusive of people and eastern philosophies, and continues to evolve and expand in its own unfoldment. (Go to unity.org national web site to learn more) Unity's truth principles, in summary: We are each individual expressions of the one creative

force we call God who's within all. Our nature is divine and therefore we are all inherently good. Our purpose is to awaken to this truth, that our thinking and words are our wand of creation.

Our objective is to express our divine potential as realized and demonstrated by Jesus and other masters. As we "awaken" fully to our Divine Mind, that spirit of God within, is expressed throughout the creation of our lives. It's not enough to study truth, we must actively seek to live and practice truth.

A great course of study, as uniquely taught by Unity, is the Twelve Powers, which Fillmore discovered within the Bible. These are capabilities of faith, strength, wisdom, love, power, imagination, understanding, will, order, zeal, elimination, and life, which we all possess and were expressed by the Christ.

Recommended Unity readings: Lessons in Truth, by Emilie Caddy, The Twelve Powers, Charles and Cora Fillmore, Christ Enthroned in Man, by Cora Dedrick Fillmore, Myrtle Fillmore's Healing Letters, A New Insight in Truth, by Butterworth.

A volunteer-lead organization, Unity Center of Pittsburgh is an alternative Unity center sharing Unity, New Thought and other spiritual insights.



Inspirational Sunday services are held at 10:30 a.m. with fellowship and refreshments following service. A Reiki Practitioners Circle is normally held the last Sunday of each month after service and social hour at 12:30 pm. Check the calendar of events as the schedule sometimes fluctuates.

Unity has moved from its home of fifteen plus years on the Waldorf School of Pittsburgh. On April 1st, 2018 we started meeting at [5343 Kincaid St. Pittsburgh, PA 15224](http://5343KincaidSt.Pittsburgh.PA15224), just 8 blocks from the Waldorf School location.

Go to unityofpittsburgh.org to sign up for the weekly e-letter.

Namaste, dear ones. Reverend Patti Perhacs, volunteer, part-time staff minister of Unity.

Bleep – IONS Group

by Lee Robinson, Group Coordinator

timespace337@gmail.com

Find us [on Facebook](#)



The Pittsburgh Bleep group was started in 2006, after the documentary *What the Bleep Do We Know* was released (2004). The group was created due to the inspiration created by this movie- (which is still available). In June of 2013, the local Pittsburgh area IONS groups merged with the Bleep group. The Institute of Noetic Science was started by astronaut Edgar Mitchel to broaden the potential of human consciousness.

An ongoing group - Bleep/ IONS - has continued for eleven years. Meetings held are the first Sunday of each month at 10:30AM, at Panera Bread (Blvd. of the Allies location). Various amazing topics are presented and discussed.

“Adventure” trips and even overnight trips have been completed by the group. Solstice and equinox quarterly gatherings are also hosted at the Homestead Labyrinth. The following is the narrative of what happened when the group went to Hopkinsville, Kentucky to see the total eclipse of the sun last year.

August 21, 2017- Monday was a perfect day. The location at Naimoli Estates was up on a very wide open hill with a 360-degree view.

The people were very nice and accommodating. Our group had an added bonus. John Grimme came along with his telescope, which he used with a sun-viewing filter. We could see the eclipse very clearly through it. When looking at the eclipse through the telescope, one could actually see the sunspots - (storms on the sun’s surface) the flares (which shot out up to 10,000 miles from the sun’s surface) and the diamond ring- (see photo above).

Our goggles worked fine and looked pretty cool. We were the only group in attendance that wore viewing goggles. I noticed that the energy during the eclipse event shifted in many ways.

The light got darker and grayer. The birds slowed their chirping to almost nothing, with the exception of one Killdeer. My heart rate went up and I could feel it pounding. I wasn’t physically excited or exercising.

I think it was the fluctuation of celestial gravity pulling on all of us or maybe the Universe talking.

All insects ceased their busy buzzing, and the air cooled by about ten degrees. It was another dimension to my awareness. When totality happened, the light became very dark gray and colors of objects in our environment almost disappeared! At this point, there were no shadows anywhere. I am sure for about two minutes I felt a wave of bliss! I did a short meditation. People cheered when the diamond ring appeared around the sun, then the sun began to slowly reappear. During the return of light, I knew that everything had shifted.

There is no greater feeling than gratitude. There is no future that cannot be brightened with hope. There is no time. There is only the now.

Thanks to all of you who volunteer. Your support is paramount to the group and its representation of expanding conscious awareness everywhere.



Center for Spiritual Living Greater Pittsburgh

by Christy Semple

101 W. Main Street, Suite 103, Carnegie
Corner of W. Main and Jefferson St.
(entrance faces Jefferson)

Center for Spiritual Living (CSL) Greater Pittsburgh is part of a global community of more than 400 spiritual communities, study groups, and other ministries worldwide. We teach a New Thought philosophy called the Science of Mind® that incorporates affirmative prayer, healing, and creative visualization to transform lives and make the world more peaceful, harmonious, and prosperous.

CSL Greater Pittsburgh has been helping to transform lives for nearly 25 years. As a Center for Spiritual

Living, we focus on the inherent Good in each of us and the spiritual principle that our thought is an instrument of Divine Mind.

Through Sunday Celebrations, classes, workshops, discussion groups, and spiritual practitioners, we offer support and guidance to understanding and using the Power for Good in the Universe and expressing the health, abundance, and magnificence that we are.

Sunday Celebrations are from 10:30 to 11:30 AM each Sunday, with

Visioning at 9:45 AM on the second Sunday of each month before the service. A Spiritual Practitioner is available after each service to give spiritual guidance and use a powerful form of affirmative prayer known as Spiritual Mind Treatment to inspire healing and change.

Days and times for classes, workshops, and sacred discussion vary. Check our website at www.CSLGreaterPittsburgh.org and our Facebook page for details.

We honor and celebrate you!

The Red Tent Society A Sacred Gathering of Women

We are a community space of healing, hosting sacred gatherings for women and girls of all ages. A gathering occurs monthly at or around the new moon when most women and girls are menstruating and in most need of support, rest and reflection.

This is a timeless tradition observed by ancient cultures. it serves as a regular forum for EMPOWERING women. Every decade in our lives is special, and we each have something to offer.



Carla Poluha, Certified Red Tent Facilitator
Phone: 412-440-7662

For more information find us [on Facebook](#)
or visit www.soultosolepgh.com

1st Spiritualist Church

John F. Singer House Mansion
1318 Singer Place
Wilkinsburg, PA 15221

412 672 1272 Office

1stspiritualistchurch.org/

by Michelle Saling

Find us on [Facebook!](#)



A member of the National Association of Spiritualist Churches, the 1st Spiritualist Church-Pittsburgh, was chartered as the First Spiritualist Church of McKeesport in 1919. Formerly located in McKeesport, it's now located at the John F. Singer House, 1318 Singer Place, Wilkinsburg, PA. Parking for any group event is available on the street with limited handicapped parking on the site by reservation. [map](#)

Services are offered twice a

month on the first and third Sundays, 11:00am-1:00pm and included energy healing, meditation, lesson and messages followed by a social hour. On the 3rd Sunday, we offer a Children's Lyceum with a lesson, play, dialogue and snack for children 6-12. You do not have to be a member to afford your child the opportunity to touch base with his/her spirit and SPIRIT.

Spiritualist is a philosophy, religion and a science. The practice of Spiritualism includes

the affirmation of principles including bearing witness to the continuity of life and discovering your soul's purpose and life journey through prayer, meditation and action in the **HERE AND NOW.**

Our teachings, through counseling classes and lessons are intended to develop a person's state of awareness to expand beyond his/her previous levels of consciousness to experience the divine in this life and before transition.



The Phenomenon of Healing

The Worldwide Activities of the Bruno Gröning Circle of Friends

Circle of Friends is Worldwide~

and Pittsburgh has a Circle!

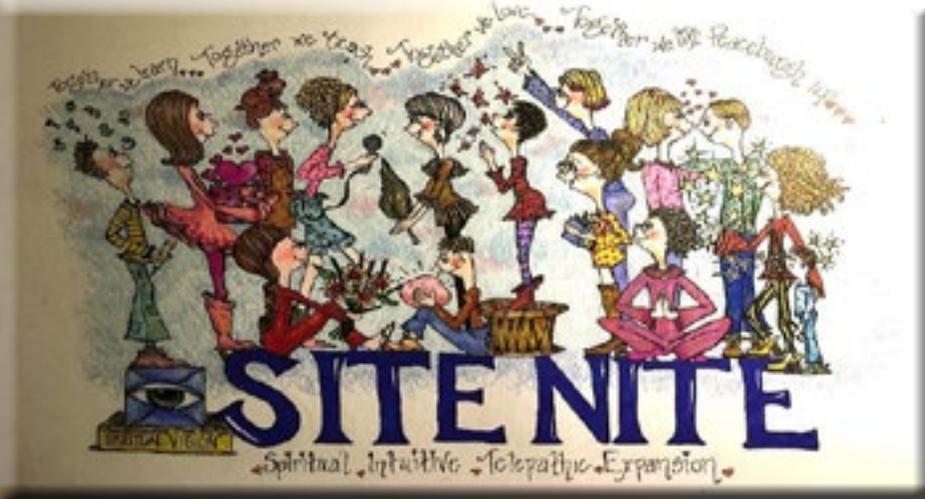
www.bruno-groening.org/

This local group meets every three weeks to share healing energy. Meetings are currently held at the Friends Meeting House, Oakland. You are welcome to join us for an introduction.

Please call or email to schedule your first visit. dk639@gmail.com (412) 378-0821

Meetings are free (voluntary donation).

Visit our local web site at www.united4healing.com/bruno



SITE NITE

offers the Pittsburgh area a unique opportunity for personal, spiritual and metaphysical expansion.

article by Jessica Maurer

Spiritual, Intuitive, & Telepathic Expansion

Both seasoned and newly awaked individuals are presented a safe and sacred space among our spiritually-minded, open community. Dedicated to the concept of unity consciousness and respect for all, SITE NITE provides a welcoming and truly unique environment for personal growth. Our expanding network of participants comes together with the goal of exploring, experiencing, sharing and supporting each other's spiritual, intuitive, and telepathic interests and gifts. Our gatherings offer insightful

presentations from local, national and international experts, focusing on a wide range of consciousness-raising, metaphysical and personal growth topics. Past presentations include such topics as: energy psychology, massage, meditation, herbs, nutrition, sound healing, quantum theory, energy medicine, astrology, gem stones, numerology, mediumship, tarot, shamanism, extra-dimensional entities, and working with faeries.

[SITE NITE](#) meets at the First United Methodist Church of

Pittsburgh located at [5401 Centre Ave, Pittsburgh PA 15232](#) monthly at 7 PM.

A suggested donation of \$5 per family unit helps to defray the costs of SITE NITE and assists in paying for using the space. No one however, will be turned away due to finances. Give what you are able.

A talented and cherished core member of SITE NITE, Marge Rose, provided this hand drawn cartoon. We hope to see you soon. Please check our web site for details on the next date time and speaker. [SITENITE.org](#).



Native American Spirituality Is Alive

experience it in Pittsburgh!



Join in ongoing sacred ceremonies:

Full Moons at the O.W.L. Natural Native Reserve in Hazelwood, a large annual [Pow Wow](#) in Dorseyville and various other local gatherings.

For more information:

Find us on [Facebook](#) [Council of Three Rivers](#)



Meditation Groups

by Kimberly June, LCSW, LMT

www.centerforholistictherapy.com

Different types of meditation groups are available that can span from beginner to advanced meditation. One group uses advanced meditation practice to explore shamanic consciousness and our connections to the Ascended Masters, the Shining Ones, the Star Nations and Extra-Terrestrial Intelligences.

South Hills Meditation Meetup Group: This Meetup group for beginner meditators meets on the fourth Friday of each month in our South Hills office. This is a group for anyone interested in learning to meditate, or to expand their current meditation capacity and depth, to move beyond beginner's "monkey mind" and begin to expand awareness and consciousness.

Becoming a Shining One: "Awakening the Light Body" Meditation Group: This is a meditation group meeting weekly for six months. A commitment to coming weekly for the entire curriculum is required. If you have ever wanted to deepen your meditation and spiritual practice, remove blockages such as "monkey mind", be able to drop into your heart, and learn to let go of stress, obstacles to happiness, and difficulties from your past, this group will not just help, but has the potential to transform your life! An interview



with me is required before acceptance into the group. Please contact me with questions or interest.

The Contact Collective: This meditation group is offered for advanced meditators, energy healers, shamanic practitioners, and for graduates of the "Awakening the Light Body" curriculum. The Contact Collective was developed to provide a forum for advancing consciousness in order to meet the challenges of, and prepare for Ascension. During our meditations, we actively work with Ascended Masters, the Masters of Light, and Extra-Terrestrial Intelligences from various star systems, most notably those associated with the RAHMA Mission from contact work in Peru and Bolivia.

These benevolent Beings of Light have been working with us to shift into nonegoic and expanded states of consciousness, break free of limiting beliefs and feelings from this and other lifetimes, and

shift the unconscious cultural conditioning associated with third dimensional enslavement programs that exist in our very DNA. We meet one evening every three weeks. There is no cost for this group, as its purpose is one of service to each other, to the Ascension of Humanity, and to the ushering in of the New Earth. Participation in the Contact Collective as a member is by invitation and interview only. Please contact me directly if you are interested and ready to serve Humanity in this capacity.

After more than two years of preparation and evolution, The Contact Collective is preparing to offer their work for the healing and the facilitation of the ascension process for others in the Pittsburgh community.

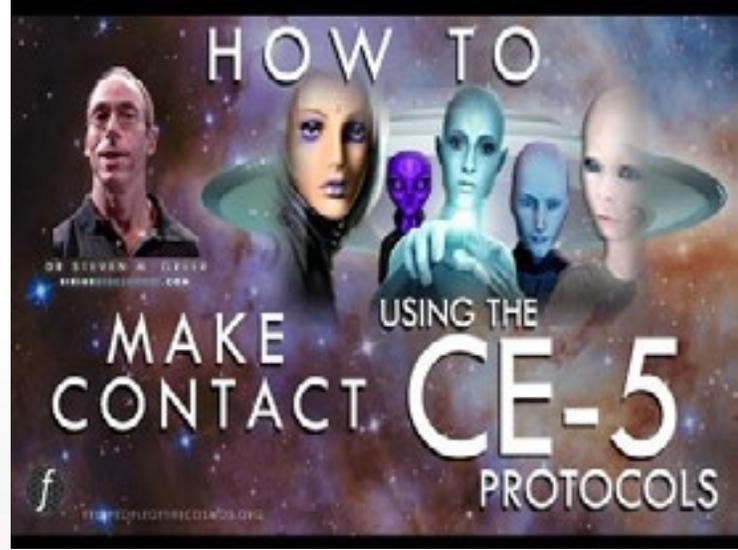
For more information:

holistictherapy36@yahoo.com
(724) 531-7219

The Pittsburgh CE-5 Group

by Larry Coudriet

In the Spring of 2014, I travelled to Tucson AZ to spend a week with Dr. Steven Greer (Greer) and be trained in a protocol to make contact with extra-terrestrial (ET) and extra-dimensional beings.



The protocol for making this contact has been coined by Greer as "Close Encounters of the Fifth Kind. This title has been shortened to "CE-5".

Historically, this manner of ET contact is quite different from other previous versions, as this protocol involves a human broadcasting a "consciousness beacon" to the ET's to initiate contact.

Following my Arizona trip (and heeding Greer's bidding to become a "Community Leader"), I began a Pittsburgh-based CE-5 contact group, and was assisted in that endeavor by John Bernhard (recently deceased) who also had trained with Greer.

The purpose of this group is to make contact with ET beings as we seek to promote peace and friendship on an inter-galactic level. We also advance the notion that we indeed dwell in a universe that is seething with intelligent life. Sadly, we have been deceived in our "education" to think otherwise.

Based on the advice of other

group leaders, this group requires that attendees first participate in a training session where we teach Greer's protocol and methods. These training sessions are held outdoors during temperate months at the War Memorial Park in Sewickley.

Training takes about ninety minutes, and during the session we review our seating arrangement, sighting details, and meditation practices. Participants are familiarized with the various manners in which contact can be experienced- sight, sound, touch and feeling a presence- to mention a few.

Trainees are taught how to discern an aerial craft from a star or satellite. The nature of the many possible ET craft's movements and light displays are discussed as well.

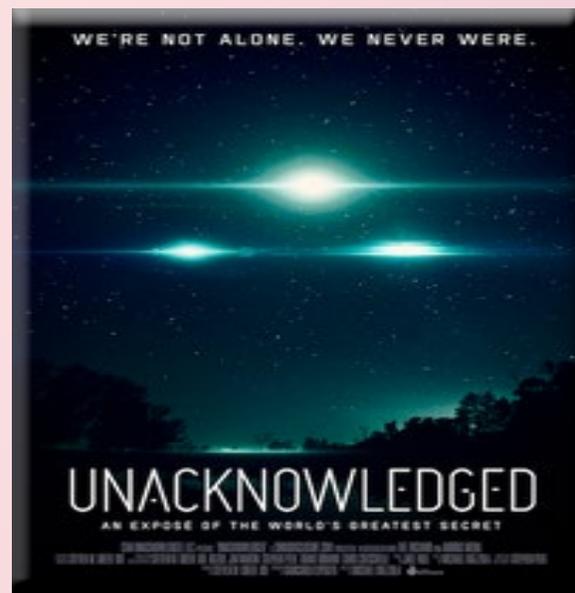
The Pittsburgh Group has been titled "ET's Under The Stars" and allows for freedom of expression for contact initiation, as the groups are usually small. (Conversely, my training with Greer in a group of 25+persons required greater discipline and

rigor as is required for a larger group).

To join this group, please contact me (Larry Coudriet) at LCoudriet@verizon.net and ask to be informed of the next training session.

For an actual Contact Session, we generally gather at 9:00 PM during warmer months in an undisclosed location in the Sewickley area. Potential attendees are encouraged to first watch Greer's full-length documentary, *Sirius*, now available free on Netflix and [YouTube](https://www.youtube.com/watch?v=...).

Editor's note: Dr. Greer's follow-up documentary is also available on netflix and and youtube. It is suggested to watch Sirius first.



Sowing Seeds of Spiritual Community

by Suzanne Bishop, MS

intuitz.com

I will engage using words, the very beginning of widespread spiritual communities in the Pittsburgh area and what lies deeper than finding new friends. (Which is great!) The thread or glue, that keeps things together at the beginning of Pittsburgh's Peaceburgh, would be the life's work of my partner Allen Goodman, who transitioned into the spirit realm Friday, July 1, 2016. I spent every day speaking with this extraordinary soul, since 2012, when we worked together on a public celebration of our game changer.

What I learned about spirituality, and the necessity of community:

We need others in our lives. We need pertinent dialogue with others to reflect back to us who we are, and what we stand for. Allen encouraged, since early 1980's, the welcome discourse among peoples of diverse backgrounds. "Others" are not just an abstract in our lives, or at least, are more than who we think "they" are. It is through direct experience that we can truly say we know others, or ourselves. ***Experience is key. ***For Wholeness to happen, experience must be part of the equation.

The more we connect with others, diverse and those like-minded, the more powerful we become to help get the much needed work done. The work to prepare for our new Earth, our new consciousness, our new technology. We awaken exponentially, when we come together. Isn't there a loving saying Jesus shared one day, "When two or more of you gather in My name, there I am . . . , (miracles and the ethereal can happen). ***Our world changes for the better in a stronger way when we work together.

We need community to help us reflect ourselves back to them and for ourselves to be reflected back to us. ***Our identities are not formed in a vacuum, identities that include our concept of our spiritual selves, our holy and sacred selves. I continue



Allen's commitment to group work and community with The Pittsburgh Metaphysical Meetup Group. Currently, 1,289 meetup members, we meet in Shadyside and various locations. Check out the Facebook Group, 514 members:

1980: First HLQ Magazine: 200,000 published 1980-1985

1982: Pittsburgh Magazine: Local recognition

1985: First Wellness Beat Newsletter: 30,000 published, 1985-2000

1986: Wellness Ball event.

1986: Received 501(c) 3: non-profit status.

1989: First of Three HLQ Resource Guides. Over 4000 published.

1990: United Way donor option status

1990: Point State Park Earth Day celebration

1995: Wellness Awards Banquet

1997: Initial website development

1998: Station Square Earth Week celebration

1999: HLQ Fund: The Pittsburgh Foundation

2003: SUNY Press: National recognition

2004: Web Based Experiential Learning

2006: The Facilitators Handbook

2007: Wellness Spa Development

2008: Marketing Packet: Holistic Opportunities

2010: Integrated Therapeutic Education Model

2011: Transformational Change Spa also, Allen wrote a book titled The Planet Earth Drama

[HLQ website](#): and for info on "[The Spa](#)", [A Way to Transformational Change](#).

The Pittsburgh Area Edgar Cayce Team & Study Groups

by Susan Rose

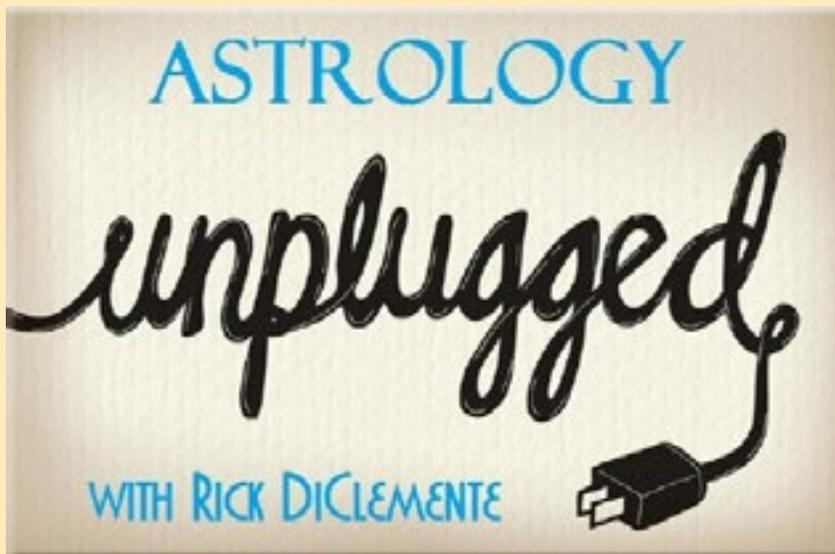
Interest in Edgar Cayce and the Association for Research and Enlightenment (ARE) has been plentiful in the Western Pennsylvania for over 60 years. Study Groups began meeting regularly here since 1957. In 1966, a "Council of Study Groups" was formed which began to sponsor programs on Edgar Cayce themes. The present Pittsburgh area team succeeded the Council in 1975.

Twice annually nationally known speakers are also brought into the Pittsburgh

area for events supported by the national ARE headquarters. The team coordinates these local workshops not only for A.R.E. members but also for the general public. Social events include an annual summer picnic and Christmas party. Our mission is to manifest the energy of Oneness and to help transform lives through the wisdom of the Cayce readings.

Contact us if you would like to be on our mailing list for local events, or if you need assistance in joining a study group.

If you are on Facebook, check out our [local ARE Group!](#) (Search ARE Pittsburgh) or check out the [website](#).



Short but sweet, here it is. I started an astrology show called "Astrology Unplugged" about a year ago. We chat all things astrology and other topics. I see it as a fireside chat without the fire. Having taught the subject for over 35 years, this show is not a linear course. Each week I cover topics from how the planets work to how they affect each of us. It is definitely a show for those at all levels of astrological knowledge. Much of it is to give you the perspective from the astrologer's viewpoint. Many current affairs are covered, but always with a bent towards showing how the "real" astrology is at work.

Approximately, once every five weeks or so, I like to have guests on specializing in a wide range of topics from hypnosis, physics, the rise of the feminine and the Tarot, etc. When we have time, we open the discussion to many from all over the planet. The purpose of the show certainly is to spread the truth of the

science/art of real astrology, but moreover: in these dark times, we are here to support each other and emphasize the phenomenal rate of the growth of the spiritual movement. We hope you find encouragement here. To join us, simply go to: Starself.com/Unplugged.

You'll find the links there. We are on free every Thursday night from 8:00 - 9:30 pm, Eastern. If you miss us, all shows are repeated for free on YouTube. Under my name, Rick DiClemente, simply search for Astrology Unplugged.

East Suburban Spiritual Connection

Group Facilitators, Irina Grundler & Kathi Wilcox



www.pathtoawakening.net/

Eastern Suburban Spiritual Connection is a relatively young metaphysical meetup group; it was organized about two years ago by Kathi Wilcox and myself (Irina Grundler). I have always been interested in different metaphysical events and in hanging out with other folks who “talk” metaphysical language, but many of them reside in the southern suburbs of Pittsburgh.

Still I knew some spiritually open-minded people who live in the eastern suburbs and was confident that there were many more whom I did not know, so the goal was to bring them all together, to organize regular meetings and invite interesting speakers to present at these meetings in the area where we live.

It worked! Now as a group we decide what topics we would like to learn about and discuss. Over the last two years we had some great meetings and presenters. Here’s just some of them: Lilli Leonardi shared her angelic experiences amidst the 911 tragedy; Kelly Haywiser presented her new book and practical ways to manage life’s challenges; talented Vanessa Beggs performed amazing spiritual music at a Christmas meetup; Carol Briney taught how to transform the ordinary into extraordinary in an easy and fun way.

We don’t have any specific plans for the future other than to continue doing what we have

been doing. Still we do have some exciting meetups planned for the first half of 2018. Lilli Leonardi will be back in Mach, we will talk about reflexology with Deb Carter in April and about dreams with Brian Nuckols in May.

All spiritual seekers are welcome to attend our meetings regardless of where you might live!

Here’s how to find us:

We meet on every second Wednesday of the month from 7 pm to 9 pm at Monroeville Public Library. To receive updates on our events please join [East Suburban Spiritual Connection Group on facebook](#) or at meetup.com/EastSuburbanSpiritualConnection

Lighthouse Spiritual Group



If you are in the north east suburbs, there is also a group in Tarentum, just off route 28. Lighthouse Spiritual Group believes that within all of us is a divine spark. When we connect to that spark it allows us to receive guidance and a new understanding of life’s tribulations.

LSG meets several times a month, at Expanding Minds Wellness Center.

All of our events focus on alternative wellness, spirituality or metaphysics. See events at www.lsglb.com

A Course In Miracles

by Sandy Esch

Manual for Teachers

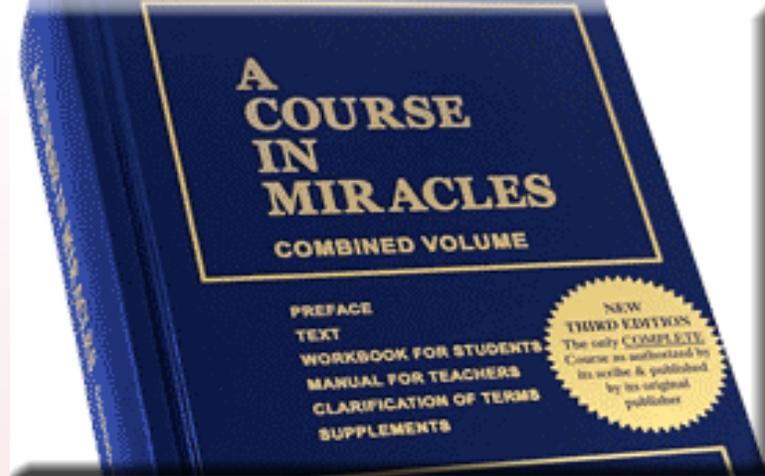
... There are no accidents in salvation.
Those who are to meet will meet.

It was in the spring of 1994 when I was introduced to A Course In Miracles (ACIM). I was rushing around getting ready to go to work and my husband just happened to stop on Oprah as he was flipping through channels before going to answer the phone – yes, back in 1994 you went to a wall or desk to answer a phone - so that is when I caught just a few minutes of a woman with dark hair reading to Oprah from a book a psychic had written. The words I heard caught my attention; I felt I recognized them like I had written them myself!

A few minutes later while driving with my car-pool friend, I told her about this woman – whose name I didn't know, and the book she was talking about – whose title I didn't know - and how it resonated with me big time! And as synchronicity would have it - my friend handed me Return to Love by Marianne Williams, and said she saw it the bookstore the day before. I recognized Marianne, as the guest on Oprah and ACIM was the book she was talking about.

From the beginning the book talked to me. To this day I refer to it to seek understanding and guidance as I do with good friends. I hear intonations, humor, and sarcasm. The understanding it has given to me by expressing to me: True Forgiveness, Faith in the Sonship and Trust in the Creator, has brought to my realization my “beingness” and the reason for challenges, or you could say, the reason for physicality.

ACIM has three sections: the Text, the Workbook and the Manual for Teachers. When I do the exercises in the workbook (I've been through them multiple times) I'm humbled by the profound wording Trust in the exercises. I feel how precise each word is in producing an exact emotion that stimulates a subconscious fear into awareness as



it empowers in the Creator, increasing willingness to give time to experiencing the challenges. Now I realize challenges are just the set-ups for allowing the expression of miracle energy, as fears are faced and given to peace.

LESSON 122

Forgiveness offers everything I want.

... Here is the answer! Would you stand outside while all of Heaven waits for you within? Forgive and be forgiven. As you give you will receive. There is no plan but this for the salvation of the Son of God. Let us today rejoice that this is so, for here we have an answer, clear and plain, beyond deceit in its simplicity. All the complexities the world has spun of fragile cobwebs disappear before the power and the majesty of this extremely simple statement of the truth.

In sincere gratitude, for the revelations I have received I share a two-hour block of time (weekly) with others, to extend the miracle expression through the study of the ACIM. For more information regarding the meetings, especially if you feel you'd like to join, please email: esch.sandy@gmail.com

Editor's note: Here are a few local ACIM groups:

- www.meetup.com/acim-295/ (Dormont)
- www.meetup.com/Pittsburgh-A-Course-in-Miracles-Study-Group/ (Squirrel Hill)
- Unity Members - Wednesday nights at 7pm unityofpittsburgh.org/happenings
- Lookup ~ www.miraclecenter.org/services/study_groupsfip-index.php

References:

www.miraclecenter.org/a-course-in-miracles/M-3.php
www.miraclecenter.org/a-course-in-miracles/W-p1.122.php

Transmission Meditation

Three Decades of Service and Opportunity in Pittsburgh

by Mary Beth Steisslinger

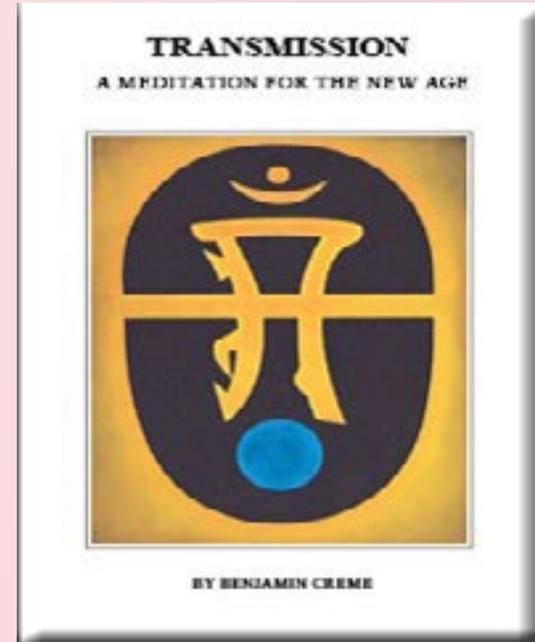
There has been a Transmission Meditation group in Pittsburgh for almost thirty years. That is a wonderful thing, considering Transmission Meditation is a free group service practice available throughout the world in most major cities and many smaller towns. In Pittsburgh, we have groups in Oakland, Highland Park and Shaler.

Transmission Meditation works directly with the Masters of Wisdom, perfected humans who oversee our evolution and are Custodians for all energies entering our planet. These Great Ones have evolved via their own efforts out of diverse faith, service and cultural traditions throughout human history, and many chose to stay within the Earth field of service to help forward the Divine Plan of the highest evolution for humanity and all the kingdoms of nature.

Groups meet regularly and begin by sounding the Great Invocation, a powerful world prayer given to

humanity by Maitreya, the World Teacher. The group then sits quietly holding attention at the ajna chakra (point between the eyebrows), creating a link between the brain and soul, through which the Masters direct high potency spiritual energies through our chakras. This process steps down these high spiritual energies so more people can absorb them. The Masters then direct these stepped-down energies out into the world to support and stimulate humanity.

In time, those who do Transmission Meditation begin to feel the energies, especially as their meditation skills improve and their ability to link with their souls becomes stronger. We are told that it is the soul that provides the impetus for service and once that is felt, Transmission is a huge catalyst for increasing soul contact... and thus increasing our ability to be a force for good in the world.



For more info:

www.transmissionmeditation.org

www.meetup.com/Pittsburgh-Transmission-Meditation/

412-952-7974 (phone or text)

Worship Jam

is a unique adventure in collaborative worship.

Singing, drumming, musical improvisation, body prayer, and sacred circle dancing in a format based upon the Four Mystical Paths of Creation Spirituality.

Each activity and path leads the group into deeper layers of the wisdom theme of the day. Conversation, art, chanting and other forms of spiritual inquiry



offer a way for members of the group to enlighten each other.

[Worship Jam](#) provides a unique opportunity to connect with the divine, creation, and each other. Bring an instrument. Bring your imagination.

Bring your spontaneous soul and join us on Wednesdays (7pm) for Worship Jam.

[First United Methodist Church](#)
5401 Centre Ave, Pittsburgh, PA 15232

Romantic Love and Spiritual Groups

Sara Sachs Psychic Medium

www.PsychicSara.net

412-298-4051

All these diverse groups have one thing in common: the human element, with its frailties. In a good relationship, the imperfections of a good partner are accepted. The same applies to organizations. If the group is a good one, you stick around and negotiate to improve it. Like a relationship, if the organization becomes abusive and toxic, it's time to leave. Although I've learned much in these groups, I have to ask myself, am I becoming too attached over things I can't change? Am I asking them to fix me? If the answer is yes, then I step back and regroup. Later, I come back to reevaluate, much like in romantic partnerships.

A wonderful group I've experienced is my classmates from the Arthur Findlay Psychic College in the UK. We've all been very supportive of each other in our mediumship work and very accepting of each other, warts and all. I've also been witness to many relationships there, from those ending up in marriages to short, but wonderful flings lasting only a week in that magical place. There are groups you may outgrow, as in those short but sweet relationships. There are those where you sign on for life, in spite of their squabbles and drama. In the end, your spirituality comes from within. Romantic relationships and groups help nurture it. The rest is up to you.

No, this isn't going to be about finding a mate in Spiritual Groups, although that's been known to happen! This deals with the similarities between relationships to romantic partners and spiritual groups.

The first such organization I joined was Alcoholics Anonymous in Seattle over twenty-nine years ago. In my early days, the concept of a higher power baffled me. I was told to make the group my higher power. They meant well, but it's a big mistake. In romantic relationships, many have a tendency to make the partner a higher power to fix us. It can happen with metaphysical groups as well.

Years ago, I realized that there was no prince on a horse coming to save me. This finally sunk in at AA with a few relationships that didn't end well. I also realized that AA could give me tools to stay sober, but doing so was ultimately my choice. Later, in my journey of mediumship, I joined a variety of spiritual organizations in the US and UK.

Sara Sachs is an international Medium based in Pittsburgh. Her private sittings, demonstrations of mediumship, and teaching of workshops have not only been done locally, but also in extensive travel, radio and TV.

Print sponsorship opportunities are now available!

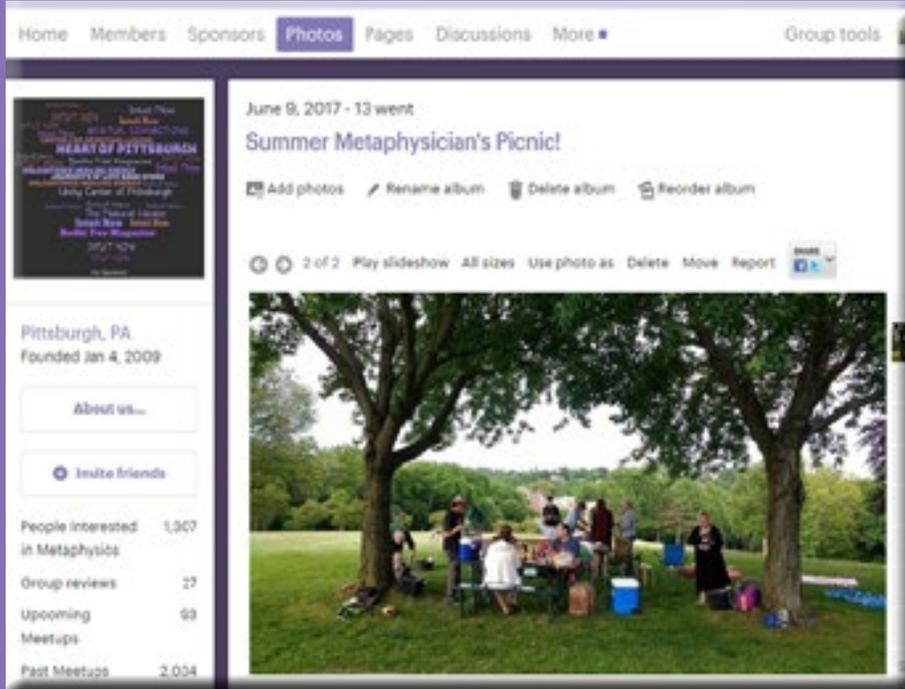
Many have asked how to advertise in Bodhi Tree Magazine. But we are all volunteer, with no actual budget. Planning is underway to provide opportunities for "Print Sponsors".

While the details are being worked out, the brainstorming is currently going on. For \$100 (to the printer) you could purchase 40 copies of Bodhi Tree Magazine, in full color, stapled.

Your copies could be labeled with a thank you to you or your business for printing. They would then be given to you to distribute to your potential customers and friends. You would also be able to enter a non-stapled insert into the magazine to promote your endeavor.

Let's talk suzenrose@verizon.net

The Pittsburgh Metaphysics Meetup Group



This is an open forum without any attachment to a specific thought philosophy, belief structure, orientation, or business.

Find us at meetup.com and on [Facebook](https://www.facebook.com). Everyone is welcome. Please join our group if you are not already a member.

It is free and a wonderful way to spend time with like-minded people

<https://www.meetup.com/The-Pittsburgh-Metaphysics-Meetup-Group/>

What is a HU Song?



Throughout the ages, followers of many spiritual traditions **have used** prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered **HU**, an

ancient name for God, sing it for their spiritual upliftment.

There is a group that meets **monthly** here in Monroeville to do the HU Song.

<http://www.eckankarofpa.org/>

[org/](http://www.eckankarofpa.org/) To learn more, join the meetup.com group:

ECKANKAR of Pittsburgh

Example of Hu Song heard here: <https://www.youtube.com/watch?v=QoBwtVYM-e>

OMA Center for Mind Body Spirit

<http://omapittsburgh.org/>



OMA Center for Mind, Body, and Spirit is a non-profit organization devoted to holistic wellness for all people. We currently offer a bi-monthly lecture series, periodic workshops, and special events. It was a delight to host Marianne Williamson in May 2018.

Events are scheduled at Twentieth Century Club
4201 Bigelow Boulevard, Pittsburgh, PA. 15213
Our name OMA represents the Ohio, Monongahela,
and Allegheny Rivers at the Point in Pittsburgh.

We have been blessed to experience many 'unusual' occurrences of how the amazing power of love, faith, and creativity can promote healing within us and then manifest as energetic connections to those around us.

We believe that this same possibility lives and begins within each of us. Through experiential education and clinical resources OMA provides all individuals opportunities to explore and honor one's journey in healing and wellness of mind, body and spirit.

Raion Zou Holistic Healing

is both a low-cost holistic healing practice dedicated to healing of the mind, body, and spirit through alternative and complementary healing methods, but also, a center for fellowship and learning.

Raion Zou (pronounced 'Rye-Ohn Zoo') hosts numerous meet-ups, including Tribe Raion Zou, Eckhart Tolle Discussion Group, and the Ohio River W.H.E.E.L. Metaphysical Meet-Up. It is the all-inclusive West Hills home to classes, seminars, and events aimed at both training of Reiki and Shamanic Practitioners, as well as, personal development, self-healing, and healing beyond the limitations of the physical body. Practitioners, as well as, personal development, self-healing, and healing beyond the limitations of the physical body.

All classes, seminars, and events are held at 507 Mill Street in Coraopolis, PA 15108 and announced monthly through both e-mail and digital and print media.

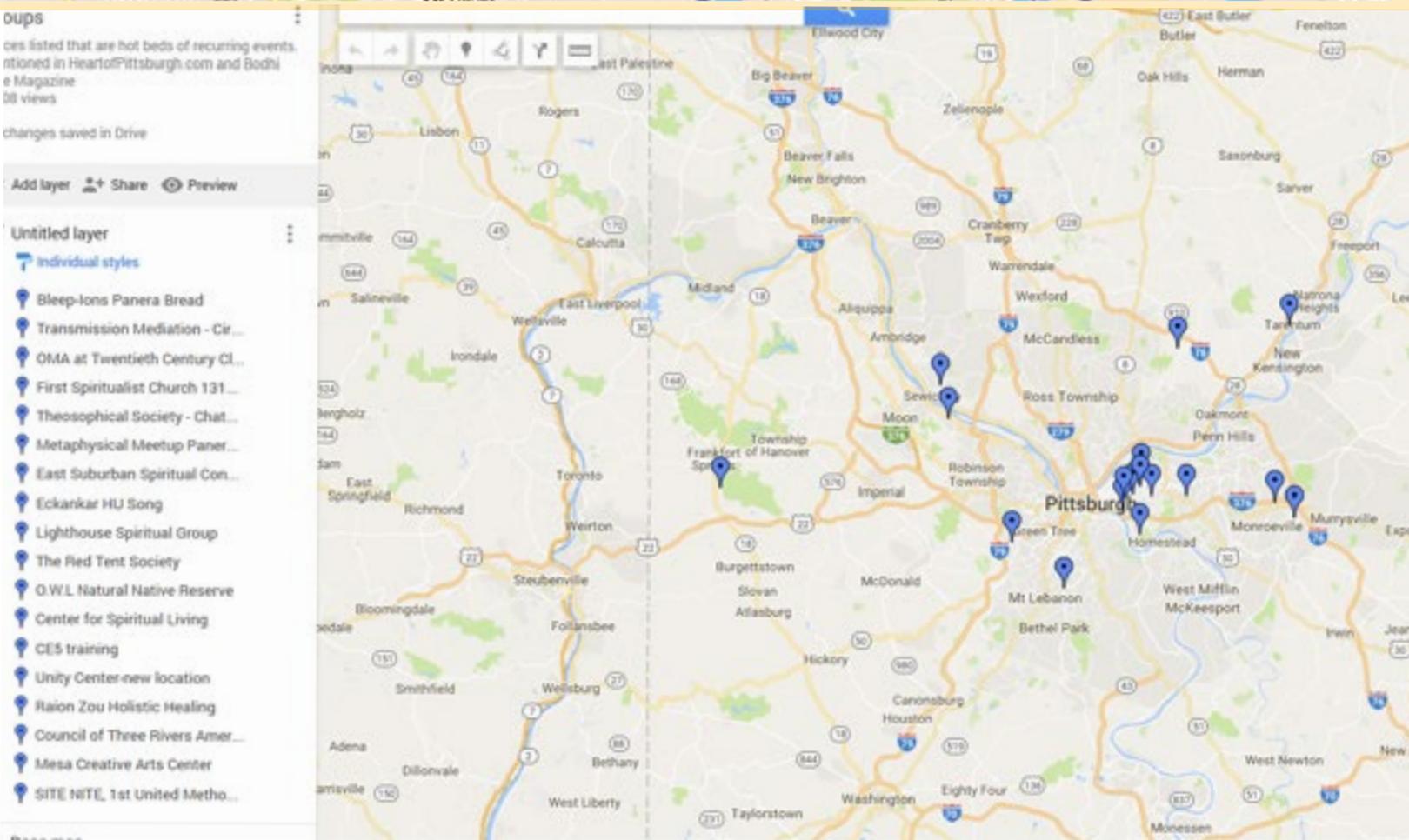
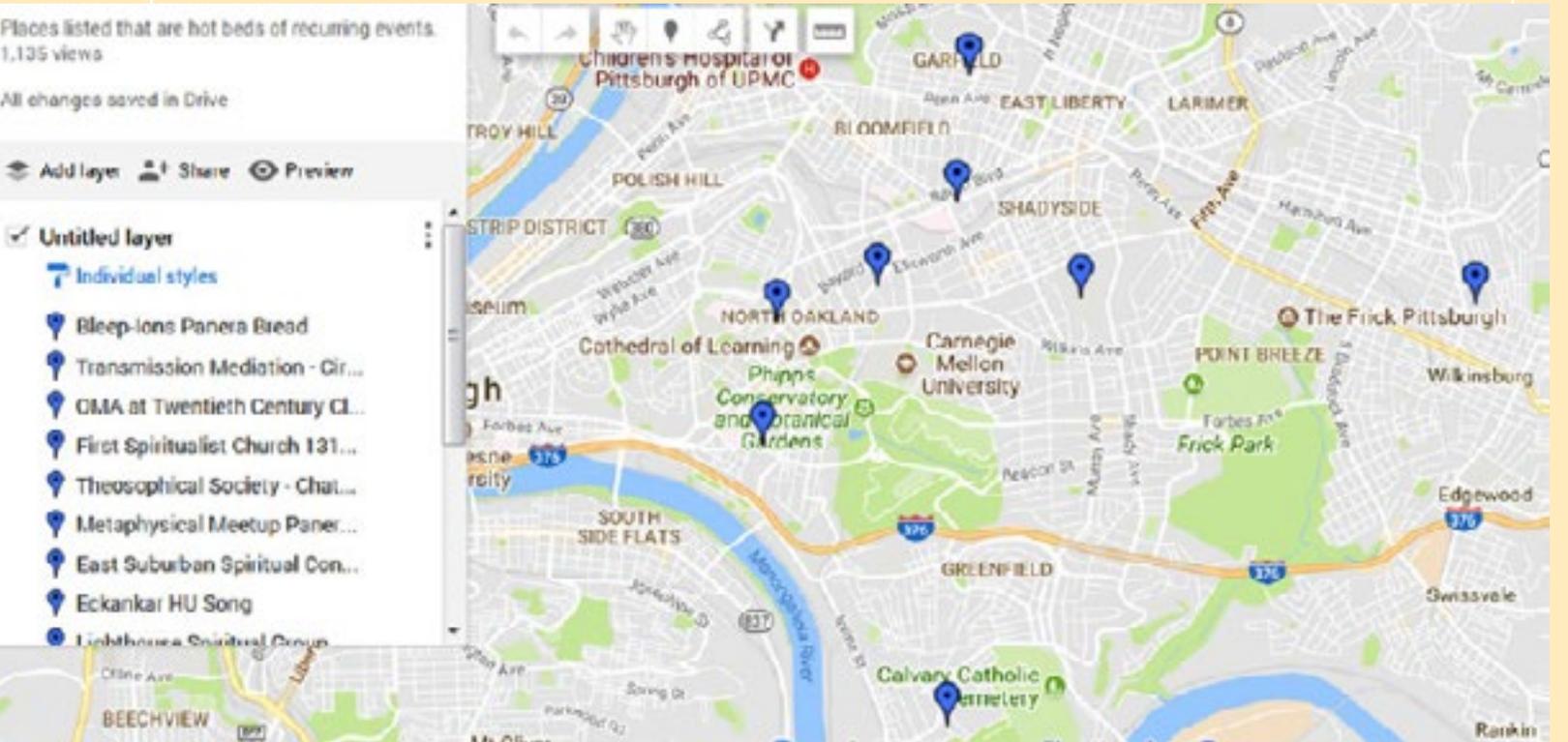
We firmly believe in public education and public advocacy, as well as, local community involvement. Giving back as much as possible to create a vibrant community is part of its philanthropic mission. Likewise, we have been blessed to give back both locally, as well as, nationally through events aimed at supporting marginalized and underprivileged populations.

Raion Zou has an open door policy during operating hours, inviting all members of the local and metaphysical community to join them in coffee and conversation. <https://www.raionzou.com/>



Interactive Map Below for City Groups

<https://tinyurl.com/bodhitreegroups>



Heart of Pittsburgh

It is an honor to host Bodhi Tree Magazine under the domain host of



HeartOfPittsburgh.com

Honorable Mentions

go to the many local groups and sites that did not make it into the directory this time. They can be seen at the comprehensive link list for the city, HeartofPittsburgh.com. To mention a few of them- [Mesa Creative Arts and Healing Center](#), [Theosophical Society](#), and Online group, [Peaceburgh](#). If you feel stuck, spiritual groups can transform your life for the better.

Although these groups were hand-selected for their non-cult like behavior, a word of caution. When joining a new group that really lights your fire, listen to your still small voice for divine discernment. Does resonate with your heart? Have you swapped from one group thinking to another? Like [Plato's Cave](#), many will interpret the shadows on the wall for you.

*Keep your face to the Sun and all shadows
will fall behind you!*