

BODHI TREE

**A collaboration of Metaphysical
New Thought and Open Minded Spiritual
Groups and Lightworkers in Greater Pittsburgh**

Fall 2015, First issue



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SO YOU ARE A SEEKER...

**WHERE DO YOU FIND OTHERS
(LOCALLY)**

WHO ARE ON THIS PATH?

The fastest way is to join a group.
Recommended groups who are linked here
in the Bodhi Tree Magazine:

a)Unity Church of Pittsburgh meets every Sunday.
1st Spiritualist Church (first and third Sundays).
Center for Spiritual Living in Carnegie, every Sunday.
Honorable mention to “Worship Jam”, Wednesday Nights at 1st United Methodist Church.
You will not hear about sin guilt or damnation in these groups. Pure love. High Vibe.

<http://www.csplpghsouth.org/>



<http://1stspiritualistchurch.org/>



b) Non-Church groups: SITE NITE, Metaphysical meetup, Bleep/lons Group
Various topics and presentations. All Healing and a high vibe.
<http://sitenite.org/> <http://www.meetup.com/The-Pittsburgh-Metaphysics-Meetup-Group/>

A Cross Reference of all local spiritual, metaphysical groups, spiritual and events can be
found here: <http://www.heartofpittsburgh.com/> An explanation of how Heart of Pittsburgh
can help you can be found at this youtube:

<https://www.youtube.com/watch?v=jSbqdMkxUCU>



unity Center of Pittsburgh
A *positive* path for spiritual *living*

<http://www.unitycenter.com/>



THE SPIRITUAL STUFF TO DO WHEN...

#1 You start Something New

Set an intention.

I have learned from watching Oprah that you don't get what you want, you get what you are. I decided to apply this philosophy to my life and to become a person who is focused on serving others and not so focused on what's in it for me.

I read more and more about the concept of intention in the book called "Seat of the Soul" by Gary Zukav. From www.seatofthesoul.com, intention is the quality of consciousness you bring to an action. Well, everything in the Universe begins with an intention, whether it be calling a friend, wiggling your toes, or starting a new job. So the best time to set an intention is when you are beginning. This could be at the start of your day, the start of your career, or the start of your newest chapter.

Ways to become clear about your intention could include, journaling, meditating, practicing yoga. You can seek out a professional life coach or a Spiritual guide. Your intention is the most powerful driving force that you have, so being clear about it, and using it to set your sail is very important. If things keep happening in your life that leave you saying "I'm not sure how we got here". I suggest doing a post mortem intention evaluation.

That's when you go back to look at what driving force was steering the ship while perhaps you weren't paying attention.

There are tons of resources out there to help you, and here are some suggestions:

- Wayne Dyer: *The Power of Intention: Learning to Co-create Your World Your Way*
- Deepak Chopra: *The Seven Spiritual Laws of Success*

For other great ideas: <http://www.pinterest.com/aPGHmedium/intention/>

With all that having been said, I set an intention now. To be of service to the Pittsburgh community through sharing insights, information, and Spiritual awareness. Connect with me:

www.PittsburghMedium.com

<https://www.facebook.com/PGHmedium>

WHAT THE BLEEP?

The movie / documentary "[What the Bleep Do We Know](#)" was released in 2005. It shows how a woman changes her mind for a better life with the physiology of what was happening in her body when she shifts. The movie was so popular that it sparked discussion groups across the country. The discussion group in Pittsburgh teamed up the local chapter of the Institute of Noetic Science (IONS), an association started by the Astronaut, Edgar Mitchell. Provided are presentations, speakers, films, discussion and experiences pertaining to quantum physics, spirituality and ideas that evolve and inspire the oneness of our world. That is everything!

Bleep-IONS are listed in the HeartofPittsburgh.com calendar and are on Facebook.

<https://www.facebook.com/groups/271404142931864/> Their main meeting place is in the Panera Bread meeting room on Blvd. of the Allies, one Sunday a month. (Sometimes more, and occasional day trips)

Lee Robinson is the facilitator and he has a large email group, spreading the word about groups, topics and speakers. To join his email list contact - timespace337@gmail.com

NEALE DONALD WALSCH'S "CONVERSATION WITH... THE ET'S!"



Larry Coudriet, the author of this article, leads a CE-5 contact group in Pittsburgh PA. Persons wishing to join this group must first go through a two hour training session. Email Larry at LCoudriet@verizon.net for more information, and to sign up for a training session.

I was fortunate to have joined Dr. Steven Greer in the Spring of 2014 for a week long training session to make contact with the higher-dimensional ET's using a meditative contact technique dubbed by him as the "CE-5" protocol.

This ET connection is basically a Spiritual practice, using Unity-Consciousness for contact purposes.

In July of this year I was able to fulfill another "bucket List" dream by spending five days in the Ashland Oregon home of Neale Donald Walsch, the author of the "Conversation With God" (CWG) series of books. These dialogues changed my life some seven years ago, and I haven't been the same since. Joining me for this year's trip was a close female friend, R. A. (kept anonymous), who likewise had her life changed by Neale's books.

This was an amazing five-day experience where I was to glean first-hand that Neale did not consciously write this CWG material; he expressed amazement, after he later had time to read and comprehend what was given to him in his hand-written dialogue!

Also note-worthy is, Book 3 of this series contains an extensive discussion on the nature of ET civilizations of higher-living, more evolved beings who's societies function harmoniously with few rules. "Ownership" is almost unknown to them, and there are no words to express "war".

During the discussions that ensued during that week at Neale's home, we eventually got to the topic of evolved ET life forms.

When I was given the opportunity to discuss my week long trip with Steven Greer, I began by saying something like "this is a Spiritual practice where in meditation we join in to the Unity-Consciousness of all beings in creation". These words drew an approving nod from Neale, who apparently had written about, or known ET's in that capacity.

Following this, and discussing other related experiences, I handed-over the discussion to my friend R. A., who has joined me on several occasions in Pittsburgh for ET contact outings. (Her special gift is that of being an adept channel who is able to bring-in messages during our CE-5 contact outings. What a beautiful addition!). Moments later, as she began to explain her experiences, she uttered something like "they are with us now... they have formed a dome over this living room area...they express their Love and gratitude for what we are doing...". A silence fell on the room...

This, for me, was the stellar moment of the entire gathering where my ET friends were able to join with us, the dozen or so attendees of the Walsch Homecoming meeting in a beautiful Communion! I felt their Presence.

I leave you now with some words emailed by me to encourage a new leader of a Wisconsin CE-5 contact group. This was a rare moment in my life, and these words were too profound to have been mine. I believe they were "given" to me as well, and it sure felt that way when they arrived.

*"Now walk with confidence with us as we form a crowd that will no longer be silent, and never again will go unnoticed. **We are with you; we are One.**"*

MINDFUL SEEDLINGS –

THOUGHTS AND THE SUBCONSCIOUS

<http://www.PauletteGlover.com>



What has knowledge but no wisdom? What accepts whatever it is told and never argues? What is incapable of distinguishing a truth from a lie? I'll give you a hint: It's NOT your computer!

Likened to a computer, however, your Subconscious *does* speak its own language. The subconscious assimilates over 4 billion bits of information per second, and can perform thousands of tasks simultaneously. Often misunderstood or dismissed as something that cannot be controlled; your subconscious mind plays an important part in your life and provides an opportunity for all the self-help books and positive affirmations to actually work.

To illustrate the habitual side of your subconscious, imagine a fly in your car buzzing around the driver's side window, struggling to get out. You open your window and shoo him to leave, but does he go? NO he does not! What *does* the fly do? He clings to the glass, buzzing even louder. Then he decides to switch from the side window to the front window, having the lofty goal of escaping through a larger piece of glass! He doesn't even try to fly away when the door is open as you exit the car! The end result is that he gets locked in a hot car, and eventually his dried shriveled body is found legs up in the defroster vent.

Even though the fly had plenty of opportunities to change his M.O., he is conditioned to repeat the pattern of behavior. Without being able to reason, the fly is stuck. People who are constantly sabotaging themselves become stuck, reinforcing their subconscious through recurring actions.

Do you know anyone who consistently repeats destructive behavior patterns then complain when they don't have positive outcomes? To quote Einstein, "*Insanity is doing the same thing over and over again and expecting different results.*"

Saying affirmations to change your life is a constructive thing to do, as long as you believe them to be true. Until you learn to 'speak' to your subconscious through consistent affirmative thought, the habitual behaviors will keep repeating themselves. Your subconscious only knows how to react to what it's been taught over and over again until you take control.

If your subconscious is manifesting fruitcake instead of chocolates, remember, the subconscious has no reasoning capability--- it is a cabbage mind. It is conditioned to react a certain way to each thought. You can allow it to remain in power and accept whatever comes your way, or, you can take control through a complete overhaul. By repeatedly and forcefully giving your subconscious direct commands, it can become your best friend. Like a friend, the more you know and learn about your subconscious, the more you will be able to speak its language and create the life you want and deserve.

I give special thanks to the editor of the first edition of *the Bodhi Tree*, Susan Rose, who, through serendipitous events, honored her gift of positive thought and created *the Bodhi Tree*. She didn't listen to naysayers. She just did it!



Rick DiClemente

<http://www.Starself.com>

Author of "*The Exquisite Zodiac*"

THE FOUNDING OF PITTSBURGH AN ASTROLOGICAL ANALYSIS

I recently found that Pittsburgh was *founded* on November 25, 1758 when General Forbes' forces flew the British flag over the burnt remains of Ft. Duquesne.

With this new 1758 chart in hand, I was quite surprised when my computer showed me that the city had five planets out of ten in "Sag". It was *born* as a Sagittarian

Now, even without a birth time, I had a real sense of what makes this city tick. The generous Sagg combination will give you the shirt off of its collective back but at the same time can be looking for the easy way out of jams exemplified by this fire sign's motto: "If it's not fun, I'm not doin' it."

Also the sign of excess, some of Sag's basic keywords are: expansion, optimism, freedom-loving, honest, straightforward, and philosophical. In the past, this Centaurian city expressed its basic function of expansion as it fulfilled the vital role as the "Gateway to the West". The Archer loves fun, is idealistic, outgoing, and loves sports. Pittsburgh loves its honest, blue-collar image and won't stand for phoniness. On the other hand, the Centaur can be blindly optimistic, arrogant, blunt, careless and irresponsible. The Achilles heel of this Jupiter-ruled sign is a reputation for sometimes promising and not delivering. It rules education, higher-mind, philosophy, travel, language, and law. This "good luck" sign somehow always gets saved at the eleventh hour due its benevolent nature. The toughness of the city is clearly symbolized by the close conjunction of Mars, Jupiter, and Pluto in the chart. This powerful combination typifies fiery determination (think of the steel mills and watching "The Bus" with the football).

When a planet completes its orbit, it symbolizes the death of an old cycle and the beginning of a new one. Uranus (the planet of modernism and technology) completed its first revolution in 1842 when magnate Henry W. Oliver migrated from Ireland. His steel company evolved into one of the largest iron manufacturers and he built large transportation systems. Also, in 1842 Duquesne Light revealed plans to build the most modern power plant ever and groundbreaking took place on the Cathedral of Learning. Uranus' next return in 1926 established Pittsburgh as a major industrial center. Uranus (*The Awakener*) transited the chart's Neptune (fog) in 1958 at the same time that Pluto (*The Transformer*) went over the chart's apex. Pluto often brings powerful forces and people as it did that year when Mayor David L. Lawrence led the city through a major rebirth, built Point Park, revitalized the Steel City both physically and psychically, and birthed a Renaissance from its reputation as *The Smoky City*.

Neptune commonly brings about slow and steady erosion. Crossing our main Sagittarian planets in the early 80's, it augured the loss of the steel mills which was blamed on a lack of foresight by the industrial community's part. Humanistic Astrology says it was due to *spiritual* bankruptcy.

Remarkably, Pittsburgh is having its first ever epic Pluto return. No planet compares in power and significance to Pluto. Along with Neptune, Pluto is one of the great enigmas (and Great *Enema*). It symbolizes death and rebirth through regeneration and transformation. It coincides with hard times and

commonly foretells of fundamental crises. It can shake an entity to its core, insisting on more purposeful living, paying the price for past weakness or corruption.

There will be continuing decay before there is rebirth. Some entities never recover from Pluto times – I've seen it. I don't think that will be case for this quintuple Sagittarian city however. Pluto forces us to reach deep, be resourceful, and stand on our own. Our time has come where we need to dig into our spiritual reserve and summon enough strength and optimism to propel us into a new age.

I AM TRANSFORMED IN MIND, BODY AND SPIRIT

*By Reverend Patty Perhacs, Spiritual Director,
Unity Center of Pittsburgh*
<http://www.unitycenter.com>



Life is in constant motion and change. Every condition of our life can change for the better as we connect with Divine Presence. How easy it is to forget the power of who we are and who we are meant to be: happy, healthy, and prosperous, living meaningful lives. When life brings sour grapes, we sweeten it with our inherent spiritual power, which is dynamic, healing energy. We have the ability to change any condition. By going within, we turn to Higher Mind, and breathe deeply, faithfully connecting.

Step by step, day by day, divinely focused, we can trust in the knowing that Divine Power renews and transforms. By doing so we begin to shift our consciousness.

In contemplation, we become aware of what is the source of the problem or situation at hand. Be gentle and loving with yourself, but at the same time be honest. What can you learn and where do you want to go from here? Prayerfully forgive, release and redirect your thoughts to transform your physical, mental and emotional body. As you do so, attitude, health, and other conditions improve.

As we affirm our good we begin to change the way we “normally” think. As an example, in oneness with the truth and affirmation that “the universe is abundant and always provides”, we create on-going abundance. You are all-mighty, you create each day. Do so consciously and lovingly. Be grateful, give thanks, in your power to heal and transform. You are the instrument. Namaste dear ones!

*“Do not be conformed to this world,
but be transformed by the renewing of your minds” – Romans 12:2*

.....PREVIEW..... Seasonal Issues are planned in the future. The next will be mid-December. Some of the same writers will be back with other topics. Also planned is the topic on the spirituality of cash-less tender, free energy for peace and more! Would like to help? Contact suzenrose@verizonnet

“ABOUT” THIS PUBLICATION:



In the spring of 2015 there was a double Sunday Service that I (Susan Rose) was delighted to attend. The Groups involved were The Unity Church of Pittsburgh and Pittsburgh Center for Spiritual Living. After the service, there was a meeting between the ministers and members of both congregations. I was lucky to sit in on the meeting.

The meeting was held at the East End Cooperative Ministries Building in East Liberty. This location is a unity of traditional churches in the area who joined together in this magnificent work.

In conversation, it was remarked that the religious leaders of the area could set their differences aside and do so much good in the community, and why can't the metaphysical / spiritual community here in Pittsburgh come together as well? We all agreed it is a great idea. This association would support the individual towards a happy enlightened life, as well as raise the vibe of the greater Pittsburgh area. Someone at the meeting suggested the name "Bodhi Tree" for such a collaboration.

The reason this tree was chosen as the symbol was to recall the shelter given to the Buddha who sat under this tree and meditated, receiving his enlightened state of being. Pittsburgh as a Spiritual Center of Enlightenment ~ as well as supporting the individual.

So too, all the branches of the Bodhi Tree Association support the vision of each individual on their journey of living love and self-mastery.

As an experienced social media volunteer, and creator of HeartofPittsburgh.com, I was asked to help get the word out. In July, we met again with both groups to suggest a magazine that would bring together the people and groups that would want to be part of this vision. It was agreed that other new thought, metaphysical, open minded spiritual groups should be invited to join us.

Many more have joined us including those seen in the image seen above. The image below symbolizes the coming together under the local



“Bodhi Tree.”

Since (for now) the magazine is on line and there is no print version, unless you print the .pdf on your printer. Each of the supporters and groups have agreed to use their extensive email lists to achieve a large circulation. This is the first edition of the magazine.

Sharing this vision, people and groups have agreed to submit their articles to the magazine. There is no advertising. There may be some process for receiving donations in the future. Thank you to “Dem” for cover artwork.



SUSAN ROSE,

Facilitator of the Bodhi Tree Magazine is pictured above. She also produces www.heartofPittsburgh.com and is the leader for the local chapter of the American Holistic Nurses Assoc.

Her consulting site is here
www.streetSMARTnurse.com

Please submit articles for consideration to
Suzenrose@verizon.net

Many others are coming forward with articles for future issues !!



THE 5TH ANNUAL 2015 PEACEFUL GATHERING OF HANDS



.... Was held in Point State Park See documentary here (previous event)

<https://www.youtube.com/watch?v=UDkcwW3cu8Q>

In June 2015 over 100 people gathered in Point State Park at the annual event.

One of the many highlights of the day was the energy work held at this medallion. This marks the spot of the original Fort Duquesne, which was fought over by the British and French.

Loving energy was sent to the past, present and future. Karma Cleared !



BLISS MAKING EVENTS



Homestead Labyrinth, near historic Pump House at Homestead Waterfront.

1.) *Presentations, Ceremony, Music, Sharing, Energy Work, Potluck* Sept. 21, 2015 is the date for an Equinox ~ Peace Day Celebration. We will also celebrate the first issue of Bodhi Tree Magazine. 6pm to 9:30pm First United Methodist Church, Shadyside. <https://www.facebook.com/events/904963119579204/>

2.) *A Labyrinth Event* is planned on Friday Evening September 25, 2015 in Homestead. 7 – 11 pm It is being sponsored by the Pittsburgh Bleep-lons group. (Bleep is from the movie, What the Bleep Do We Know, lons stands for Institute of Noetic Sciences) An event flyer is seen in the link below.

<http://www.heartofpittsburgh.com/bleepsoul.pdf>

Other events are listed on the Calendar!
WEB VERSION... OR MOBILE VERSION

<http://www.heartofpittsburgh.com/#Events>



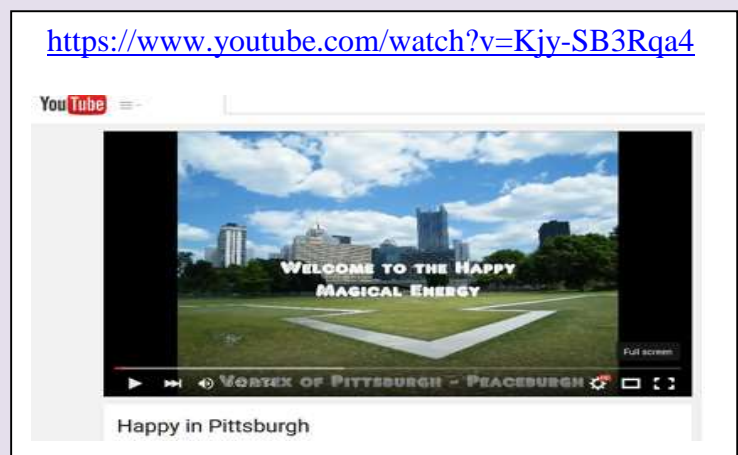
Note, if you save this mobile link <http://tinyurl.com/peaceburgh> to your smart phone desktop, you will have an app-like icon to conveniently keep you informed about events!

Community Events

*The only thing that is constant is change.
Please verify information with the hosting organization before going. Thank you!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>EVENTS!</p> <p>30th Anniversary Dinner & Ceremony 11:30 am - 1:30 pm Shadyside 11:30 - 1:30 pm Shadyside</p>	<p>David Seaman Group Meeting 7:00 pm - 8:00 pm Shadyside</p>	<p>David Seaman Group Meeting 7:00 pm - 8:00 pm Shadyside</p>	<p>David Seaman Group Meeting 7:00 pm - 8:00 pm Shadyside</p>	<p>David Seaman Group Meeting 7:00 pm - 8:00 pm Shadyside</p>	<p>David Seaman Group Meeting 7:00 pm - 8:00 pm Shadyside</p>	<p>David Seaman Group Meeting 7:00 pm - 8:00 pm Shadyside</p>

<https://www.youtube.com/watch?v=Kjy-SB3Rqa4>



HAPPY IN PITTSBURGH~
watch Video on YouTube